

Sterilization, dehumidification, hair removal, and beauty expert

- ① Disinfecting wipes (Daiso) are more essential than groceries.
- ② Dehumidifier...used auction items or Temu's super cheap items.
- ③ Dust mite extermination machine...beats futons (purchased at Fukusuke Saon, which is now closed).
- ④ Beauty...Facial beauty device (It's super moisturizing, so I've only used it about twice).
I had it appraised quickly when I was short on cash, but it wasn't worth much, so I'm still keeping it. This is a facial beauty device with a business-like mindset: buy it when you can and sell it when you don't (it's the lowest priority for daily necessity).
- ⑤ Hair removal...I've been doing it every day recently, except for my hair, eyebrows, and eyelashes.
I'm trying to keep my eyebrows thin.

Due to the above environment,

- * The dry conditions make it impossible for insects to survive (for some reason, they are only about one-tenth the size of midges or mosquitoes).
There is always one insect living there.
A few months ago, I poured coffee milk into a cup, drank it, and left it there.
I discovered a midge that had jumped into it and self-destructed.
- * Laundry dries completely in just half a day.
- * In winter, I turn off the dehumidifier because it damages my throat.

- (1) Always disinfect bicycle and suitcase wheels with disinfectant wipes before entering your room.
- (2) Leave the washing machine lid open except when in use.
- (3) Leave the microwave door open.
- (4) Check and clean the toilet (unit bath) by looking into the bowl every time you use it.

(Note) I hate bugs to the extreme, but for some reason I just leave the small insects that always live there alone.

Dry conditions are ideal for all musical instruments.

When I say beauty, I mean health-conscious beauty from the inside out.

This summer, a stranger at the subway ticket gate whispered, "Is it winter?"

Undoubtedly, her first impression was that my lips were dry.

That's all.